

Establishing a ministry with Pre-schoolers and their families



This document is intended as a resource for the Church. The information it contains is not prescriptive. The Book of Order and its subordinate standards contain the Church's official rules and directions. Any perceived conflict between the information contained in this resource and the Church's Book of Order and subordinate standards is entirely unintentional.

INTRODUCTION:

Jesus commands us to “let the children come”. Many of our churches have no or few children attending worship services or participating in the life of the church during the week. The team at Clevedon Presbyterian Church has shared their extensive experience in running a ministry with pre-schoolers and their families to help us develop this resource. We hope it will inspire and assist churches to connect with and serve the children and families in their communities.

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1. OUR MISSION IN THE COMMUNITY

Everything we do communicates a message to our community. What message is your church currently communicating and what message would you like to be communicating?

Ask yourselves: What are we known for? Who are we here for?

Does your Church have a vision, a mission and a statement of values?

Our church has a clear vision that is primarily directed towards loving and serving our community and our family ministry is aligned with that. Our vision guides all our church ministries.

Our ministries communicate and reflect our values.

Clevedon Presbyterian's values are:

- ✓ Intent on serving the community
- ✓ God loves me and I'm special
- ✓ Generosity
- ✓ Openness to meet needs
- ✓ Flexibility
- ✓ No strings attached
- ✓ People are loved because they need to be loved
- ✓ Everyone is welcome
- ✓ Making memories

Keep your guiding principles at the forefront of your mind, so they form a foundation for all you do. It is important that these be identified before you start any programmes as it these principles in action that people will be drawn to. In everything we do at Clevedon, we ask ourselves: "Do people see Jesus in us? Do they recognise his face? Do we communicate his love and grace?"



If you are a Kids Friendly church then make sure you prominently display your Kids Friendly signs and posters for visitors (who often think churches are NOT places for children) to see.

2. PLAYGROUPS

Playgroups are a wonderful way to connect with our community of children and families and offer a supportive and loving network.

The Environment

Our environment needs to reflect the values that we hold. So we need to ensure that our environment is the best it can be:

- clean
- contemporary
- appealing
- safe
- warm
- comfortable (for children and adults)
- nurturing (fresh coffee, tea and home baking)

Look at your church environment through unfamiliar eyes. We cannot invite the community into a cold damp church building that has tatty, grubby furniture.

If we truly value people, our environment has to reflect that.

Bathrooms

Consider providing:

- Paper towels – hand blowers are not suitable for children. Paper towels are both hygienic and practical for wiping children hands, arms, faces, etc.
- Basket of niceties for mums/parents. Hairspray, body spray, tampons, etc.
- Wet wipes. Wipe over the toilet seats, basins, benches, after a session if the cleaner won't be in.
- A potty with suitable disinfectant spray for cleaning.
- A stool for children to reach the basins.
- Ensure the whole area is clean and smelling fresh.
- Baby changing table with wipes, plastic bags to take nappies home, tissue dispenser on the wall, antiseptic hand gel dispenser.
- Spare nappies for emergencies.

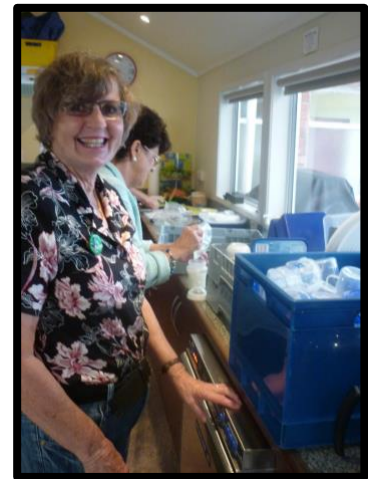
Foyer/Entry Area

- Ensure the front door is easy for mums/parents to enter when loaded up with bags, children, buggy, etc.
- But it must be too difficult for the children to open when they're inside
- Have a welcome table at the entrance with role book, float, card with costs, concession cards and any current flyers or notices.

- Make sure that someone is on hand to open the door, help the mums/parents enter and to acknowledge them and welcome them into the space.
- Have "happy face" stickers and/or a stamp for children to acknowledge and welcome them.
- Have a cubby hole book case for the mums/parents to store their bags. Children can put their shoes or jumper there so that these items don't get left all over the play space or mixed up in the dress-up box.
- Consider an area for mums/parents to park buggies.

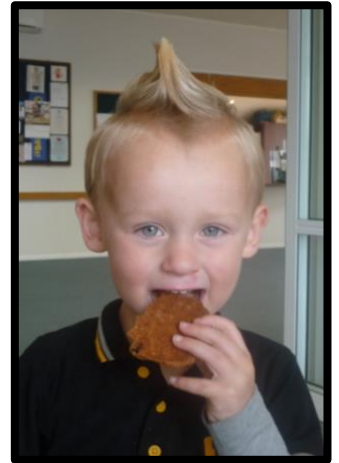
Kitchen

- For health and safety reasons, there should be no children allowed in the kitchen, so install a door closer if you need to or a child gate/barrier.
- Provide filter coffee, tea, water, home baking, cheese and crackers, and fruit for the mums/parents/caregivers' morning tea. Mums/parents may have been up during the night and their day may have started at 5 or 6 am, so it's nice to acknowledge this and give them a treat. Many mums/parents don't bake any more so home baking is a real treat. Also recognise that some mums/parents may be on a diet or have allergies and trying to avoid these treats, so fruit is a good alternative.
- You may like to consider purchasing an automatic coffee machine. It's a real treat to have café style coffees available.
- We recommend that you provide a healthy morning tea for the children and encourage families to support you in this decision. A number of problems can arise when children bring their own morning tea and items such as twisties, chips etc. are produced. There is also an increased risk to children with allergies if children bring peanut butter sandwiches or the like.
- Morning tea for the children is always water served in sipper cups, three types of fruit and healthy vegemite and jam sandwiches. So many children have allergies today that fruit is welcomed by parents.
- On mainly music theme days or 'treat weeks' we do offer other things like fairy bread, strawberries, tiny teddies, rice crackers, iced milk arrowroot with 100's and 1000's, animal biscuits, etc. Always tell the mums/parents so they can let you know if it is not suitable for their child.
- Keep a supply of natural crackers for the children with allergies.
- At Playgroup we have a morning tea roster where mums/parents are able to put their name on the list if they want to. No one is ever asked. Some mums/parents like to have an opportunity to bake, but for others this is too stressful. It is important that no parent feels that she/he isn't doing



enough if she never goes on the morning tea roster, but appreciate the parents who do offer. This allows them to feel a sense of belonging.

- Our church sponsors the cost of providing morning tea and see it as our gift to our community.
- If children ask for some baking, always get the children to ask their parents first if they are allowed. If parents want to share their morning tea with them then that's up to them.
- Have a highchair available for use by all parents.



Room Layout

Think carefully about how you will lay out your room.

Ensure that the first impression is a good one. New participants will want see other parents straight away because being the only one present is a very scary thought.

Consider seating that makes conversation easy. We have never had enough room for much seating for the parents and it is something that concerns me, but we are short of room so we have to do the best that we can. Somewhere for breastfeeding is essential. Parents will sit at the play dough table or activity table or on the floor and strike up conversations with the parents around them.

Baby Area

Make sure your baby area is away from the draughts of doors. Enclose the baby area so that parents can either pop their baby in the car seat safely to sleep in an enclosed area or alternatively if baby is awake there is a clean blanket on the floor for baby to lie on. Arrange suitable toys, play gyms, bouncers in this area. Consider hanging a mirror on the wall just above floor level for baby to see themselves in. This is a good area to have suitable seating for mums to breastfeed. Cushions on the floor in this area works well too.

Play Area

Our philosophy is that we should provide a good quality environment with good quality equipment. It should be better than what could be provided at home and equal to or better than what is provided in a child care facility. There should be no broken junk, but rather clean quality toys. If something breaks, throw it away. Toys need to be cleaned on a regular basis as appropriate – daily or weekly with a thorough clean of all the toys every school holidays. Let the parents know, they will feel confident that their child is playing with clean gear. Use Janola wipes or a mix of white vinegar and water.

The children are precious to their parents. Let's recognise this and provide the absolute best that we can. Older children need suitable equipment that will develop their skills and challenge them.

Have a tissue dispenser on the wall for noses and an antiseptic gel dispenser alongside. A small rubbish bin below encourages instant disposal of used tissues and nasty germs.

Provide suntan lotion in the summer time.

Activities

Ensure that you have activities in the 7 areas of play every session

- Family and Dramatic Play
- Creative Play
- Books/Language/Music
- Physically Active Play
- Constructive Play
- Exploratory Play
- Manipulative Play

Good information on each of these areas is available from the Ministry of Education. Have a look at their website: www.lead.ece.govt.nz/playgroups/default.htm. If you receive funding from the Ministry of Education you will be allocated an Early Childhood Co-ordinator, they will give you comprehensive information on the above areas of play.



Play dough Area

The appeal of play dough is timeless. Make sure it is fresh as play dough can hold lots of germs (see play dough recipe below). Ensure that the utensils are cleaned each week too.

We use a variety of Play dough tools. Wooden rolling pins, shapes for cutting out, potato mashers, plastic knives, garlic presses, etc.

You cannot beat the play dough recipe on the back of the Hansel's Cream of Tartar container. It is:

- 1 ½ cups salt
- 3 cups flour
- 6 Tbsp. Cream of Tartar (the most important ingredient)
- 3 cups boiling water
- 3 Tbsp. oil
- Food Colouring

Store the play dough in a plastic bag in the fridge between uses and discard it about every 2 weeks.

Family Area

Having your family area close to the play dough table is a good idea as the children can 'cook' their play dough in the microwave and put play dough dinner on plates to serve.

Language/Literature

Choose a nice quiet corner for your books. Consider brightly coloured cushions to make a nice snuggle area for parents and children. A foldaway book storage unit is a good idea especially if you don't have a dedicated space and need to put your equipment into storage.

Themed Play Area

Plenty of good floor area is great for train/road sets, farm animals, dolls houses. If your area is not carpeted consider buying large rugs. It's very cold down on the floor especially in the winter time.

Vary the equipment you put out each time so that the area is always a place of discovery. The same things will get very boring and won't get the use. But a bit of variety will bring freshness and imagination for everyone.

Art Activities

Choose a different activity every week. This could be seasonal e.g.

- Gluing autumn leaves
- Gluing sand and shell pictures in the summer
- Planting spring bulbs

Or seasonal depending on things happening

- Father's Day / Mother's Day cards
- Christmas and Easter
- Have a green week for St Patricks Day

Painting activities

- Marble pictures
- String painting
- Painting with cotton buds, plastic knives and forks

A painting easel is great and you can purchase A2 size newsprint from School Supplies at a very reasonable price. School Supplies will give you a catalogue



when you set up an account. Phone them on 0800 577 700 or have a look at their website www.schoolsupplies.co.nz. Purchase some painting aprons, covered paint pots and brushes. You also need to think about where the paintings will go to dry. We use an A-frame laundry hanger that you can purchase from the Warehouse and peg the paintings on.

Any named paintings that are left at the end of the session are stored in a file under the child's name for easy access.

The special creative activities will require leaders to guide the children. It can be a great way to engage the children and the parents and you often find the parents getting great enjoyment from these activities. Fabulous conversations happen around this table too.

Usually our creative activities are messy. Parents soon learn to dress their children in suitable clothes. But it is a good idea to have plastic aprons to cover up.

Keep a concertina file of the activities you have done so that you have a file to refer to for future activities. You'll know which you can make work and which you can't.



Mat Time

Encourage all the children and their parents to attend mat time. If they go to a day care centre or progress on to kindy and school, they will need to get used to mat time.

Have a special mat that you put out for this time as it keeps the area defined.

Start with a simple activity to settle the children e.g. rubbing knees, patting shoulders, circles on tummies, etc. This teaches the children body awareness and engages the children already sitting on the mat while the stragglers settle. It also keeps their hands busy and their minds occupied.

Follow on with a simple rhyme or song. You might like to repeat it a couple of times so that the parents and the children can learn it. Have a small repertoire also so that the rhymes can be learnt. (mainly music has great CD's for purchase www.mainlymusic.org.nz or download "Songs Rhymes and Prayers for Preschool Children" the Kids Friendly website.

Follow on with a story. Aim for very few words on a page. The children don't settle for long and you want this to be a positive experience for them so aim for less rather than more. Consider joining your local education resource centre. or local library as they have big books available for lending. These are great as they enable all the children to see the pictures.

Always keep your mat time light, upbeat and positive. Encourage participation from the children and their parents. Laugh with them when you forget the words or make a mistake, be real. After mat time is a good time for morning tea.

Sample Schedule for a Playgroup Morning

8.30	Begin setting up
9.30	Families start arriving. Invite them to engage in the morning's planned activity or enjoy free playing with the equipment put out for them.
10.30	Mat time
10.45	Morning Tea
11.00	Play
12.00	End of session.

Families can come and go as they please throughout the morning. This allows them to fit Playgroup around sleeps and other activities. Some parents will stay to help you tidy up, but don't make it compulsory to help. It's nice if they do, but no problem if they don't. Remember this is your gift to them.

3. MAINLY MUSIC

mainly music has a really good reputation and track record for connecting with children and families in your community. By joining the organisation you can access really good advice. By purchasing their start-up kit you will have everything you need to get underway. There are some things that we've learned along the way.

We plan 8 - 9 songs per session including at least three "God" songs. Keep the opening and closing songs the same at every session which become your welcome ("call to worship") and farewell ("blessing"). After the opening song we usually sing 2-3 quiet action songs like Skinnamarinki, followed by 2 more energetic songs like Jump Up and Down and Turn Around, followed by 2 musical instrument songs and then finishing up with the closing song. When commencing a new programme we suggest that you change 3 - 4 songs at a time - the flow of your mainly music session works so much better if the children recognise the majority of the songs.



Plan a 5 week programme. Most school terms are 10 weeks. If you have 2 themed programmes per term this allows children and parents to actually learn the songs so that they can sing them in the car, bath, at home, wherever.

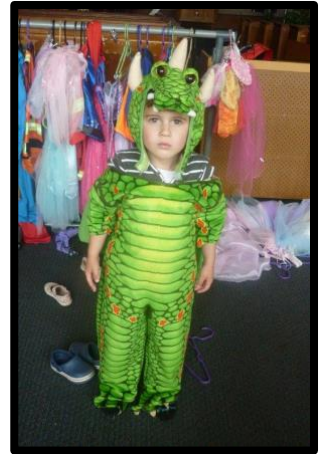
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At the end of a 5 week time, have a theme day. For example if your theme is animals, get the children to dress up as their favourite animal, have face paints out for the parents to paint the children's faces, serve animal biscuits for morning tea and maybe give the children some animal stickers or stamps to go home with. It is also important that the leader and helpers also dress up so be careful what you choose for a theme day!

Theme Days we have run that have worked well

- Beach Party
- Creepy Crawlies
- Autumn
- Bubbles
- Animals
- Around the World

The mainly music newsletter is full of ideas to spark your interest. (See www.mainlymusic.org.nz)



Also go along to a mainly music session in your region and observe how they do things.

Morning Tea

Again we sit the children on a tarpaulin to keep the morning tea area defined. Encourage the children to sit down whilst eating and drinking.

Water is served in sipper cups and fruit is served as mentioned above. On special theme days we may serve an appropriate morning tea to fit the theme. Always tell parents what you are serving as this may not be appropriate for children with allergies. Have fruit available for all children as well.

4. COMMUNICATION

With your church leaders and members

Communication with your playgroup/mainly music ministry team, your minister, your church's parish council/session and your congregation is extremely important. Keep them informed by way of regular reports, storytelling, slide shows and encourage them to support the ministry by prayer, volunteering, financial assistance, baking, meals, food bank or whatever you deem to be needed. Remember that most people in your congregation love to support children and their families, they just need to be made aware of how they can do this

With your families

Newsletters

Consider writing a newsletter that will promote all the activities and programmes on offer to children and families. Also consider including a statement from your minister or children and families worker about your church's commitment to serving children and families in the community. If you are a Kids Friendly church, include the logo on the front page of the newsletter. Also ensure that your Kids Friendly signs and posters are prominently displayed for visitors to the church to see.

Give the newsletter out to everyone who comes along. Clevedon does an A3 size folded in half and it is very well received (sample attached). Ask someone who has desk top publishing skills to lay it out for you.

You could include:

- A welcome and philosophy statement
- Photos taken during the programmes
- Upcoming events or trips planned
- Parenting tips
- Simple craft activities
- Rainy day activities
- Advertise any local community family events
- Advertise any business that any of the parents may have e.g. the @home hairdresser, graphic designer. Do this for free.
- Upcoming themes at mainly music
- Things that have been happening at Playgroup
- Photos of any new babies
- A recipe
- Encouraging quotes

- An invitation to family church and children's programme (Sunday School) including service times and an assurance that your services are very welcoming and inclusive of children and families.
- A Kids Friendly logo

Noticeboards

Make sure your noticeboards are informative and aesthetically appealing to children and young families. Have eye-catching headings that promote the range of activities you offer for children and families. Include photos of children at church, in "Sunday School" or other church related events so non-church goers can see that your church is really Kids Friendly. Include your Kids Friendly statement of intent on the noticeboard and display the 6 Kids Friendly posters. Lots of our parents have commented on ours and tried church as a result.

Flyers

Have flyers advertising your other activities and programmes for children and families (e.g. preschool, Sunday school, kids club, youth group, light party etc.) available at the sign-in table and at the morning tea area so parents can take them away.

Personnel

Every helper represents the church and God – so remember to smile and let your light shine. Ensure that your staff and volunteers have a name badge.

Place

We've said lots about this already but can't resist saying it again. Try to see your place through fresh eyes and consider how it looks to outsiders who often have very negative stereotypical ideas about churches. Let's really surprise them.

5. PASTORAL CARE OF FAMILIES

Encourage your church to see your participating families as a potential or extra congregation just as worthy of pastoral care as church members. Invite the church to pray for these families and to contribute to pastoral care by offering their time, baking, visiting, meals or products.

Baby Packs

Consider how you will welcome new babies.

We give every new baby born into our playgroup/mainly music community a baby pack. It contains: Nappies, Ecostore products such as washing powder, baby shampoo, baby nappy balm, baby soap, bibs, hardback baby books, chocolate and recovery loaf gift pack for mum, Mental Health postnatal depression information, family ministry/church brochure.



The baby packs are a substantial and generous gift and the mums are usually blown away by them. When I can, I deliver these to their home. This in itself is a very powerful thing to do and gives people a real sense of belonging to something where they are valued and cared for.

Pastoral care and visiting

When we can, we may make a meal for the family or a small tray of baking. Try to involve your congregation in this by having a list of volunteers you can contact when you need a meal or invite parishioners to contribute meal or baking whenever it suits them and freeze them until you need them.

We've also found that when baby is about 3 months mums are considering entering the world again. An encouraging phone call or a visit at this time can be invaluable. You can then gauge how they are managing and if any further help is required.

Meals for families

We also like to provide meals to families where we know there has been sickness, depression or other significant hardship. At some time in our lives, through circumstances we all need a little bit of extra love and care and this is a wonderful way to show God's love to these families – no strings attached.

We have a freezer that we keep a supply of ready-made meals in and when we identify a family in need we pull out some meals for them. We provide the

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ingredients and one of our ladies bible study groups kindly spend an evening cooking for this purpose. Sometimes key leaders from families ministry visit and other times meals are given to a playgroup friend to deliver (if we feel the recipient may be embarrassed by our visit.)

Food Bank

We also have a supply of food in the food bank that we utilise when we identify a need for a food parcel. This assistance, at a particular time in a person's life, is invaluable, and if a substantial parcel is given is usually a one-off gift.

Prayer

In our bathrooms we have placed a notice (sample attached) addressed specifically to the Playgroup and Mainly Music families about prayer. We did this because we wanted to acknowledge that we are a Church and gently introduce them to God who cares about their everyday concerns.

We simply invite them to fill out a prayer card (sample attached) and place it in a box. They don't have to talk to anyone about it if they don't want to. The bathroom seemed like a good place for us to put it as it was discreet and also out of the children's way.

We have been given some amazing things to pray about that we had no idea was happening in our families lives. We highly recommend this approach.

We have also at times scheduled specific prayer days and invited families to join us if they wish. (Sample of invitation attached)

Counselling

You may wish to consider offering free counselling to your families. Your minister may be able to do this. We have also teamed up with a local female counsellor and this has proved invaluable to many a mum who just needs someone to talk to.

Family Church Services

At all times we welcome Playgroup and mainly music families to church. At particular times such as Easter, Mother's Day, Christmas we may run a specially designed service that we invite them to. Perhaps it's the "Community Easter Service especially for people who don't do church!" or the "Little Ones Christmas Service". We have found that the Little Ones Christmas Service is the highlight of the year for us and is extremely well attended. We so love to see the children showcasing the God songs that they have learnt through our programmes. All children are given a gift from the church at this service. If you are able to this is the service to start with!!(See attached)

Gift Giving

At Playgroup and mainly music we celebrate special occasions such as Mother's Day, Father's Day, Easter and Christmas by giving a small gift to everyone from the church. This gift may be jelly beans accompanied by the Jelly Bean prayer (attached) or chocolate hearts or a tomato plant! All these gifts are accompanied by a God verse (attached). We have also extended these gifts to the congregation.

Family Fun Events

If you can schedule a regular Family Fun Event, this is a great way to build community. Some of the ones that we have run are Movie Nights, a Family Fun Day with rollercoasters and bouncy castles and a visit to the local Animal Farm. Be sure to include food at these events. We usually provide BBQ sausages and ice creams. Invite your congregation to assist you with this. There is many a church man who'd like to operate a BBQ and who loves to see happy faces.

6. WORKING WITH VOLUNTEERS

Volunteers are vital to a family ministry and are much more effective when they understand what they are required to do. I find it helpful to have job/role descriptions when recruiting volunteers.

You may want to split some of these descriptions or you may like to combine several together. It would be very easy to take on a couple of these roles or in some cases have one person only do certain aspects of the roles. Adapt these to the skills and talents of your team.

See sample job descriptions in the appendix.

7. FUNDING

Funding for Early Childhood Education is available from the Ministry of Education.

If you are starting a playgroup make contact with your local MOE office as they have Playgroup advisers that can help you with your set up. You may also be entitled to a set-up grant of \$5000.

We receive funding for our mainly music programme and our playgroup. The criteria to receive funding is not too onerous and I recommend you look into it. Funds are allocated twice a year. Your MOE office can give you full details. The website is www.minedu.govt.nz Ask to speak to an Early Childhood Co-ordinator. Information regarding MOE funding for mainly music sessions is available on www.mainlymusic.org.nz

There are also a number of external funders that you may wish to approach to support your Playgroup and mainly music programmes. Your Parish Council/session will need a policy regarding the types of funding that you are able to apply for.

Visit www.community.net.nz. You can also visit www.fis.govt.nz. Information from this site is available for free at certain libraries.

8. APPENDICES

Appendix 1: Sample notice offering prayer and prayer request card (Clevedon Presbyterian has this placed on the wall in the bathroom and the cards in a box with pens on the vanity.)

Hi mainly music and Playgroup Families,

We believe that God loves us all heaps and cares about the stuff that we care about. Things like getting a child to sleep, relationship troubles, sibling rivalry, financial difficulties, loneliness – God can help with all of these things and lots of others as well.

Sometimes we struggle with issues that we find difficult to talk to others about. Sometimes we want help but don't know where to turn or how to go about getting the help we need.

We believe in prayer – talking to God about the things in our lives. If you would like us to pray about things happening in your life, fill in one of the cards and pop it in the box. You can keep this anonymous and we won't broach the subject with you if you don't want us to. This is just between you and God. Some people have found relief in knowing that someone is praying for them.

"God can do anything you know – far more than you could ever imagine or guess or request in your wildest dreams!" The Bible

All you have to do is watch and wait to see how God will respond and be assured, His answer might not be what you were expecting, but it will always be the very best for you.

Lynette and the team at Clevedon Presbyterian

PRAYER REQUEST

Please could you pray for me/us. I need help with:

Appendix 2: Sample job descriptions

Role: Greeter at mainly music/Playgroup Welcome Table

Vision: To warmly welcome all who enter

Tasks:

- Warmly greet all who enter by name (learn both adults' and children's names)
- Introduce yourself
- Record their attendance in the roll book
- Stamp concession cards or accept money for the session
- Total up the money received and prepare for banking
- Set aside the monthly donation for mainly music New Zealand
- Count the number of adults and children present
- Dress up on theme days

Equipment required:

- Roll Book
- Float – we suggest \$20
- Blank concession cards if you are using them
- Table near the door of entry
- Pen and a stamp
- Stickers and "happy face" stamp for children.

Role: mainly music “Music Leader”

Vision: To lead a quality, fun, interactive music session.

Tasks:

- Lead the session
- Provide musical direction for the songs and activities
- Portray confidence, fun and a ‘give it a go’ attitude
- Make eye contact with the children and the adults during the songs
- Format the programme of songs according to a chosen theme
- Dress up as required on theme days

Equipment Required

- CD player or sound system (you may need a “no hands” microphone if your space is quite big)
- OHP or data projector and computer
- Transparencies or songs loaded onto a computer
- CD’s
- Screen
- Musical instruments – both homemade and bought
- Stretchy Lycra – available from mainly music
- Scarves – available from local op shops
- Any other props that may be required for the chosen songs

Role: Morning Tea Server

Vision: To reflect the generosity and hospitality of God and the Church to the community with a commitment to cleanliness, excellence and quality.

Tasks: Prepare, serve and clean up the morning tea for both children and adults

- Cut the fruit in small pieces suitable for the age of the children
- Peel apples, pears, etc.
- Half fill the sipper cups with water and place on a tray for serving
- Have a tarpaulin ready for the children to sit on
- Display the cups on the servery area
- Make the coffee and the tea
- Fill a jug of cold water and display glasses
- Display the baking on plates for the adults

Equipment Required

- Coffee – filter or espresso
- Tea
- Cups and glasses for adults
- Sipper cups for children
- Baking for adults

- Fruit for children
- Jug for cold water
- Tarpaulin

Role: Playgroup Coordinator

Vision: To create an environment of acceptance and care whilst providing quality equipment to engage children in a session of play.

Tasks:

- Hold the ultimate responsibility for the Playgroup
- Ensure that the identified values are adhered to by the whole team
- Lay out equipment in a way that invites play and interaction
- Engage children in a play activity
- Introduce adults to each other
- Listen to parents, offer advice or places they can go to for help
- Provide a particular activity for each session keeping in mind special events e.g. Mother's day, Easter, etc.

CONTACT:

admin@kidsfriendly.org.nz

